

## **PURE-INDURANCE 16oz Formula**

**Cyanocobalamin (vitamin B12)** supports healthy nerve function, provides energy, and maintains healthy metabolic function.† It is heart-healthy and helps support cardiovascular function.†

**Pyridoxine HCl** may support heart function, promote brain health, fortify the joints, and help aid healthy sleep.†

**Niacinamide** may support heart and cardiovascular health.† It has anti-inflammatory properties and may help support the joints.† Niacinamide may promote healthy skin, contribute to healthy mood, and assist in aiding healthy sleep.†

**Calcium pantothenate** helps support heart and cardiovascular function, provides energy, and fortifies the joints.† It also supports healthy brain function and promotes healthy mood.†

**L-citrulline** powder is most well-known for supporting athletic endurance. It supports the cardiovascular system and heart health and may help fortify the immune system.†

**Arginine** may help increase muscle mass and boost exercise endurance.† It may also support the heart, immune system, and skin.†

**L-Glutamine** is most commonly used by athletes and bodybuilders to help boost exercise endurance and to aid in recovery. L-Glutamine may also supports immune function, contribute to healthy metabolic function, and benefit gut and digestive health.†

**D-Aspartic Acid (DAA)** has been linked to the process of producing Luteinizing Hormone (LH), which plays a role in synthesis of testosterone. Many supplement DAA due to its positive effects on athletic performance. †

**L-Lysine HCl** may aid athletic performance, support healthy mood, and promote healthy hair and skin.†

**L-Valine** works together with the other amino acids to aid in exercise recovery.† It helps boost athletic endurance and assists in muscle maintenance.† L-valine also supports liver function and promotes a healthy gallbladder.†

**Methionine** is necessary in the body's natural production of creatine which supports the muscles and heart.† In addition, it supports the digestive system, kidneys, urinary tract, and contributes to healthy hair.†

*† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*